

Insurance



Welcome, I'm
SOLOMON
nice to meet you!



Overview of Benefits & Insurances

To learn more about Reliant's Benefits and Insurances - see [Reliant's Benefits & Insurances - Overview](#)

- [Accidental Death and Dismemberment Insurance](#)
- [Employee Assistance Program \(EAP\) - Resources for Living](#)
 - [Stewardship of Health and Healthcare Resources](#)
- [Bereavement Counseling](#)
- [Cafeteria Plan](#)
 - [Cafeteria Plan Enrollment Form](#)
 - [Cafeteria Plan - Master Plan Document](#)
- [Child-Care Benefit](#)
 - [Reliant Dependent Care Assistance Plan](#)
- [Continuation of Insurance Coverage](#)
- [Dental Insurance](#)
 - [Dental Continuance Coverage](#)
 - [Dental Insurance Card - RSLI](#)
 - [Dental Insurance - Coverage and Rates](#)
- [Group Life and Voluntary Life Insurance](#)
 - [Group Life Conversion](#)
 - [Updating Beneficiary Information - Life Insurance](#)
- [Identity Protection and Theft Recovery](#)
- [International Insurance](#)
- [Long-Term Disability Insurance](#)
- [Medical Insurance](#)
 - [Medical Insurance Coverage and Rates](#)
 - [COVID-19 National and Public Health Emergency Expiration](#)
 - [Medical Insurance Coverage and Rates - Hawaii](#)
 - [UHA Benefit Advisory - Maui Wildfires](#)
 - [UHA - COVID-19 national emergency and public health emergency will end Thursday May 11, 2023](#)
 - [Medical Insurance - Coverage when Outside of the US](#)
 - [HSA - Health Savings Account](#)
 - [Annual HSA Contribution Limits](#)
 - [Contributing to the HSA Outside of the Cafeteria Plan](#)
 - [Exiting Employment - What Happens To Your HSA](#)
 - [Filing a Reimbursement from your HSA](#)
 - [Highmark Blue Shield \\$pending Smartphone App](#)
 - [How to Activate Your Guidestone HSA](#)
 - [How to Activate your new HSA Debit Mastercard from Highmark](#)
 - [HSA Fees](#)
 - [HSA Personal Dashboard](#)
 - [New HSA Investment Experience](#)
 - [Your HSA User Guide](#)
 - [ACA Coverage for Breast Pumps](#)
 - [Loss of Parents' Insurance Coverage at Age 26](#)
 - [Medical Continuance Coverage](#)
 - [Coverage scenarios for medical insurance](#)
 - [Insurance Waiver Options](#)
 - [Online Tools and Resources](#)

- [BCBS Class Action Settlement](#)
- [Cost Savings Benefits](#)
 - [Blue 365 Discounts](#)
 - [Experian Identity Protection](#)
 - [Teladoc](#)
 - [Teladoc - Mental Health](#)
 - [Vitals SmartShopper](#)
 - [WholeHealth Living Choices](#)
- [Highmark BCBS Mobile App](#)
- [Highmark Health Tracking Tools](#)
- [How to Set Up Your Coverage Account on HighmarkBCBS.com](#)
- [MyGuideStone](#)
- [Replacement Medical Insurance Card](#)
- [Requesting a Replacement HSA Debit Card](#)
- [What if I haven't received my ID card?](#)
- [Medicare FAQs](#)
- [QH - MyQHealth by Quantum Health](#)
- [No Surprises Act - Your Rights and Protections Against Surprise Medical Bills](#)
- [Programs included in your GuideStone medical plan](#)
 - [Health coach program](#)
- [Insurance Notices](#)
- [Prescription Insurance](#)
 - [Choose an In-Network Pharmacy for 2024: CVS Pharmacy or Walgreens](#)
- [Providers](#)
- [Short-Term Disability](#)
- [Travel Insurance](#)
 - [Auto and Rental Car Insurance](#)
 - [Car Accident Procedures](#)
 - [Travel Assistance](#)
 - [Travel Insurance - US Domestic](#)
- [Unemployment Compensation Insurance](#)
- [Vision Insurance](#)
 - [Vision Continuance Coverage](#)
- [Workers' Compensation Insurance](#)
- [Reliant's Benefits & Insurances - Overview](#)
- [1095-B and 1095-C Forms](#)
 - [1095-B and 1095-C Forms - HI Employees](#)
 - [2022 IMPORTANT HEALTH COVERAGE TAX DOCUMENTS: 1095-C Forms](#)
- [1099-SA and 5498-SA Forms - Domestic Medical Insurance](#)
- [Adding a Dependent to Insurance](#)
- [Dependents Age Limits for Reliant Insurances](#)
- [Qualifying Events](#)

Questions?



Jennifer Greening

Email: benefits@reliant.org

Phone: 407-630-5904

Title: Benefits Coordinator

Department: Employment Services