

# Aetna - Maven - Virtual pregnancy & postpartum support



- Your Aetna International health plan includes worldwide access to the Maven maternity support program, at no cost to you.
- Virtual support throughout your pregnancy journey.
- You and your spouse now have access to 24/7 pregnancy and postpartum care and guidance, all in one app.

## Your Maven membership includes:

- 24/7 personalized support from a Care Advocate to help you find providers who share your cultural background
- Virtual appointments and messaging with providers in 35+ languages, in your time zone
- On-demand classes, groups, and articles for culturally humble expert guidance you can trust

## Get support for things like:

- Creating your birth plan
- Breastfeeding or bottle-feeding support
- Navigating infant sleep
- Returning to work
- Managing your mental health



Scan the QR code  
to get started or go to  
[mavenclinic.com/join/aetna-international-maternity](https://mavenclinic.com/join/aetna-international-maternity)  
or download the  
Maven Clinic app  
Join today

[Maven Maternity Foundation - Member flyer.pdf](#)

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