



Better Health. Better Life.
UHA 3000 – Focused on Keeping You Well

UHA offers Hawaii’s first health insurance plan to offer full, complete, 100% coverage for wellness and preventive medicine. There are no co-payments for services that keep you healthy, detect diseases early, and manage chronic disease. Furthermore, you’ll enjoy lower premiums than with traditional health plans.

We take pride in focusing on providing you with quality health care and customer service, as well as improving your quality of life by promoting healthy lifestyle changes.



“Healthcare is becoming more complex, and we don’t have time to figure it all out. We can always count on the expertise of the friendly team at UHA to walk us through their health plans.”

SCOTT WILLIAMS
Vice President of Marketing & Brand Management
Lex Brodie’s

UHA 3000

Has an annual deductible of \$200 per person; \$600 per family

Lower maximum out-of-pocket of \$2,200 per person; \$6,600 per family

You pay \$12 co-pay for physician services

We pay 80% of hospital and emergency room

We pay 100% of maternity care



Access to an unsurpassed network of physicians and quality care.



Chiropractic and Acupuncture Services

Complementary alternative medicine included.



Vaccinations

Our benefits cover the full spectrum of recommended* vaccinations for children and adults – including an annual flu shot!

- Seasonal Flu Vaccine
- Adult Immunizations*
- Childhood Immunizations*

*All ACIP recommended

Plan Provisions¹

Dependent Child Coverage	Less than 26 years of age
Annual Deductible ²	\$200 per person; \$600 per family
Annual Maximum Out-of-Pocket	\$2,200 per person; \$6,600 per family
Lifetime Maximum ³	Unlimited

Medical Services

You Pay

Participating Provider

Non-participating Provider

PREVENTIVE CARE SERVICES⁴

Physical Exam (office visit) once per calendar year	No co-payment
Preventive Screening Services	
Well Child Care Visit	
Childhood Immunizations	
Adult Immunizations	
Screening Laboratory Services - Outpatient	

MATERNITY SERVICES

**Maternity Care	No co-payment
Birth Room [†]	
Newborn Nursery [†]	

DISEASE MANAGEMENT PROGRAMS[†]

Smoking Cessation Program	No co-payment
Asthma Education Program	
Diabetes Self-Management Training & Education Program	
Nutritional Counseling Programs	

PHYSICIAN SERVICES[†]

Physician Office Visit	\$12 co-payment
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HOSPITAL SERVICES

Room & Board (semi-private room)	20% of EC [†] ; deductible applies
Hospital Ancillary Services	
Laboratory & Pathology - Inpatient	

EMERGENCY SERVICES

Emergency Room Services	20% of EC [†] ; deductible applies
Ambulance (ground or inter-island air)	

COMPLEMENTARY ALTERNATIVE MEDICINE[†]

Chiropractic/Acupuncture Services Benefits limited to treatment of conditions of the neuromusculoskeletal system by a licensed provider	\$10 co-payment per visit First set of x-rays at 50% of EC [†] ; full charge for add'l sets; \$500 combined maximum per calendar year	Plan pays up to \$20 per visit X-rays not covered \$500 combined maximum per calendar year
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¹ The information above is intended to provide a condensed explanation of UHA medical plan benefits. Please refer to the appropriate Medical Benefits Guide (MBG) for complete information on benefits and provisions. In case of a discrepancy between this comparison and the language contained in the MBG, the MBG will take precedence.

² Annual deductible does not apply to all services. Refer to your Medical Benefits Guide to verify which services apply.

³ No annual or lifetime maximum.

⁴ All U.S. Preventive Services Task Force (USPSTF) A and B recommended screening services are covered at 100% as required under the provisions of the Patient Protection and Affordable Care Act (ACA).

[†] UHA 3000 annual deductible does not apply.

[†] EC (Eligible Charge) Refer to your Medical Benefits Guide for detailed definition.

^{**} Covered, including prenatal, false labor, delivery, and postnatal services provided by your physician or midwife. Maternity care does not include related services such as nursery care, labor room, hospital room and board, diagnostic testing, and other lab work and radiology. Please refer to the specific benefits for more information on those services.