

UHA Supports Small Businesses

Get the Active&Fit program for no additional cost.*

To help small business employers promote employee wellness, UHA now subsidizes* the entire employer premium of the Active&Fit program for our small employer groups.** Spread the word about UHA's fantastic added-value program to help your employees get healthier this year!

*Offer effective January 1, 2019 for all new small employer groups or existing UHA small employer groups starting from the employer's renewal plan year. Subject to change at anytime.

You choose!

With the Active&Fit program, you can get a membership at a participating fitness center for as low as \$10 per month. You also have the option to buy up into the expanded network of fitness centers, which includes a wide range of locations and services to meet your workout needs.

| Choose A Fitness Center | Monthly Fee |
|-------------------------|-------------|
| Tier 1 | \$10 |
| Tier 2 | \$59 |
| Tier 3 | \$89 |
| Tier 4 | \$119 |

Prefer To Work Out At Home?

Enroll in the Home Fitness program for an annual member fee of \$10 and choose up to 2 home fitness kits each benefit year.

Enroll today to get fit and stay healthy!

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[&]quot;Groups with 50 or fewer employees.